

QUICKSTART TENNIS AMERICA'S PLAN FOR TEN & UNDER TENNIS

QuickStart Tennis is tennis scaled to fit the size, age and abilities of young players. It is based on six key specifications: court size, net height, age, ball speed and weight, size of racquet and scoring. The court length should be different for children under eight and ten years of age. A 36 foot court is used by eight and under children and a 60 foot court for children ten and under. This is a collaborative effort between the USTA Player Development and Community Tennis departments, TIA, USPTA, PTR, and Tennis Equipment Manufacturers.

The goals of this project are to:

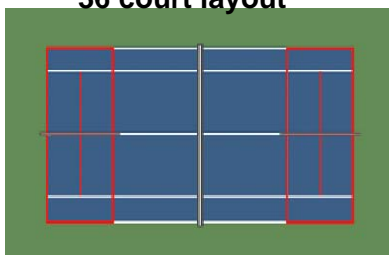
- Increase the number of beginning players ages 5 to 10
- Increase the retention of players ages 5 to 10 and beyond
- Improve the technical, tactical and physical development of players ages 5 to 10
- Develop future champions
- Improve the wellness of youth playing tennis

The chart below reflects key specifications that are part of QuickStart Tennis and have already been agreed. They relate to the age and ability of the players. It is essential that all of these specifications are used for young players in competitive play and practices.

Quality practice plans for parents, teachers and coaches to use as well as a competitive structure that is age appropriate are being developed in 2007. The USTA will publicize full details of this project in August 2007, with a launch across the country scheduled for 2008.

AGE	COURT SIZE	RACQUET	BALL	NET HEIGHT	SCORING
8 years and under	36' x 18'	Up to 23"	foam or very low compression	2' 9"	Best of three 1 st to 7 point games
10 years and under	60' x 21' singles 60' x 27' doubles	Up to 25"	Low compression	3'	Best of three, with the first two sets 1 st to 4 games, and a 3 rd set of 1 st to 7 points

36'court layout



60'court layout

